

MeckMIN Racial Dialogue Resource List

Local people and groups who work alongside faith communities looking to delve into transformative conversations around race, racism, power and privilege.



Bree Stallings: NC native multi-media artist, illustrator, writer and activist who offers arts and movement-based therapeutic practices that revolve around understanding identity, stereotypes and assumptions as well as structural programming towards building anti-racist utopic and equitable futures. Bree has developed high-level curriculum including, **Promoting Peace** for police officers and youth in the juvenile justice system, **See Me. Know Me. Love Me** for youth to explore identity as they leave the foster system and teacher training to dispel the 'us and them' mentality. For more on her curriculum, teaching and experience visit www.breestallings.com Contact info@breestallings.com and (980) 329-4466



Brownicity: Founded by Lucretia Berry as a not-for-profit agency that provides education by designing and facilitating courses, workshops, educational curricula, and teach-ins for school, churches, libraries, companies and other public venues as well as social media channels and websites to support education and equipping for anti-race/ism education and recovery from race/ism. Brownicity offers speakers, professional development, consulting, coaching, corporate talks, workshops and courses. Serving non-faith-based and faith-based organizations. Prices vary by services, with corporate and non-profit pricing available. Connect brownicity.com or Amy Ray at connect@brownicity.com



Camerin Watson: I produce events and experiences using my training as a dancer and choreographer to create a highly developed, deep understanding of the relationship between movement, healing and social justice. My ability to create change is grounded in a long-committed journey using movement to explore my white privilege and antiracism through dance and spoken word performance. I am passionate to help individuals and groups from diverse audiences to explore and heal the trauma that is related to white and able-bodied privilege. I offer single day and multi-day movement workshops, performances, performance and movement workshop experiences, and an interactive initiative, **30-Day Anti-Racist Action for White People**. I work in collaboration with Beth Allgood-Justice, my mom and a long-time educator and counselor focused on social justice. Workshops and experiences range from \$250 to \$2500. I work with groups and organizations to determine the right fit for audiences and budget. My work is easily adapted to diverse religious, spiritual and secular in order to develop deeper understanding and connection. Contact Camerindancer@yahoo.com



C.A. Friend Consulting: was founded by Dr Christian Friend, Ph.D. in 2008 with a mission to help create and sustain thriving communities. C.A. Friend Consulting operates with the belief that if organizations can use best practices, data-informed decision making, and effective planning processes they can make more efficient use of existing resources to create greater community impact. C.A. Friend Consulting helps non-profit and human service organizations to implement and utilize a continuous improvement process (including those around diversity, equity, and inclusion) that improve client and organizational outcomes. We also provide coaching and

speaking services from our President, Dr. Christian A. Friend, Ph.D. All of our solutions are created to meet a specific client need and have flexible pricing. Connect

www.cafriendconsulting.com or (704) 457 8950

www.facebook.com/CAFriendConsulting



Community Building Initiative: CBI's mission is to give people and organizations the knowledge, skills, and courage to fight bias, remove barriers to opportunity and build a more equitable and just Charlotte-Mecklenburg.

Of our programs, Equity Impact Circles (which can be offered virtually) and Bus Tours (which will resume as soon as it is safe to do so) are most accessible to faith communities interested in beginning or deepening their conversations on race. We also offer customized dialogues and conversations to meet a congregation's specific needs. For information about Equity Impact Circles or for general information, contact mjones@cbicharlotte.org. For Bus Tours, contact afoard@cbicharlotte.org. Call (704) 943 9763 or visit cbicharlotte.org



Cathy Hasty: I work through Community Engagement and Spiritual Care at Novant Health as a LCMHCS and Board Certified Chaplain and Educator. My work revolves around training, public speaking (currently through Zoom) and consultation at the edge of health equity, faith, mental and physical health, and art. Antiracism is part of all these issues. The conversations about power, authority and privilege are essential to the health of everyone as they drive behaviors and thoughts reflective of stress, loneliness and

alienation. The work of balancing self and other awareness is core to abundant joyful living. I work with all faith traditions and other types of diversity, as well as with people who identify as agnostic or atheist. I have extensive training and experience in faith reflection. I work across the spectrum. My conscious awareness about race began in 1976 and has continued through many changes and challenges. I am a lifelong learner on these complex topics and seek consultation from others as needed.

Contact (704) 384-4197 or mchasty@novanthealth.org



Dawn Anthony and Greg Jarrell use music and stories to work with congregations to address racism and to begin breaking the bonds of white supremacy. Through a concert with some of the region's finest jazz musicians, Greg and Dawn tell powerful stories that engage body, mind, and heart for transformation. These experiences are appropriate with a variety of racially-identified groups, as well as with mixed audiences. Both Greg and Dawn are grounded in

Christian tradition, but their work can be adapted to other faith settings, or to mixed or secular settings. Our concerts are for anyone engaged in antiracism work. Our conversations and workshops are generally for beginners to the work. Fees: Concert \$2500 base charge (for five musicians). Workshops \$500 base, adaptable to your group, setting, and time period. Learn more at gregjarrell.com, dawnanthonysings.com or Greg Jarrell at (704) 654 6546



Deborah J. Walker, Ph.D., is an organizational development consultant. She has spent a considerable amount of her 20+year career as a process facilitator/trainer/coach/ counselor. Walker frames her work through an equity and inclusion lens. She assumes that “social injustice” occurs at the personal, interpersonal, institutional, and cultural levels and that “healing justice” also requires changes at the personal, interpersonal, institutional, and cultural levels. Walker

believes that “facilitated conversations” are an effective strategy both for individual and organizational capacity building. Philosophically, she believes that the degree to which individuals and organizations are willing to gain the knowledge, skills and tools for engaging in transformative conversations around race, racism, power and privilege will determine the degree to which sustainable and transformative change is possible.

Walker respects where people are on their racial equity journey. Thus, she is open to facilitating with individuals and groups regardless of where they might be on their journey. Walker’s other skills include: Emotional Literacy/Competency, Cooperative Problem-solving/Conflict Resolution, Cross-Cultural Communication and Community Engagement. Fees: Daily rate is \$1,750 per day AND this fee is negotiable.

Contact djwalkerconsulting@bellsouth.net or (704) 724-7469

www.linkedin.com/in/deborah-j-walker-ph-d-5023a88/



EPOCH TRIBE: Hannah and Shardae Hasan have worked together for over fifteen years, planning and executing events and classes that utilize the art of story-sharing to center racial justice and the elevation of social and cultural consciousness. Their work is widely regarded for building community and creating spaces that are inclusive, educational, and empowering. Through [Epoch Tribe](http://EpochTribe.com) they have created multiple story-sharing events that explore systemic and individualized racism, discrimination, and

microaggressive behavior. As black women who are Muslim, they have extensive experience working in Muslim and Non-Muslim spaces, leading workshops and

producing events for a variety of different Muslim, Christian and Jewish groups and organizations. Both women have master's degrees and both possess over ten years of leadership and facilitation experience individually. Workshops are customizable for groups and congregations at all stages of their development. Half-day workshops for groups with a maximum of 30 participants is \$799 (with add-on options.) Full-day and multi-day workshop quotes are also available. Shardae Hasan (704) 439-6909



Janeen Bryant (she/hers) is an intersectional educator, facilitator, trainer, and agitator, as well as an advocate and catalyst for building community capacity. She currently serves as Director of Operations for CREED-NC, Center for Racial Equity in Education in NC and known widely as a facilitator and community-centered program developer both regionally and nationally. Her consultancy is Facilitate Movement. Her recent stint as a guest columnist for the Charlotte Observer continues her work in social impact for marginalized communities. A recovering candidate for the

Charlotte Mecklenburg School Board, Janeen can likely be found at home with her daughter and two dogs when not traveling. Janeen explicitly addresses faith with a Christian focus, particularly Episcopal and Presbyterian, with interfaith experience of coalition-building for Jewish, Muslims, and Christians.

Fees: Direct intervention- \$275/hr Group session/ facilitation- \$1250/hr

Contact Facilitatemovement@gmail.com (preferred) or (919) 308 9288



Rev. Jennifer Helms Jarrell uses visual arts and faith to address racism and the inequities built into American society and institutions. Her most recent work uses found objects to re-interpret the elements of a sanctuary, highlighting the ways that racism has been packaged into American Christianity. With artistic showing and hands-on workshops for creating and storytelling, Helms works with people to highlight the ways we can address and be healed from racism.

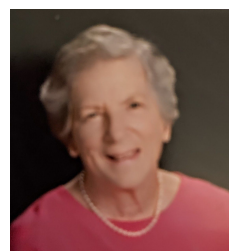
Audience: Primarily Christian. Helms is a white woman who is skilled at working in multi-racial contexts. "I address faith from my own background, which is Christian. However, I welcome the opportunity

to work in other faith settings, or in settings outside of common faith backgrounds.

My work through artistic media invites people in at any point on their journey toward antiracism." Fees vary, typically \$250 plus materials for 90 min-2 hour workshops.

www.helmsjarrell.com/post/artist-projects

Connect with Rev. Helms Jarrell at (704)654-7429 or at iamhelmsie@gmail.com



Jinny Sullivan: Unpacking the History of Racism is an 8 hour course consisting of four 2 hour sessions, to increase awareness of systemic racism in self and society. Based on 'Stamped from the Beginning' by Ibram Kendi. **How to Become an Anti-racist**, is a 6 hour, 4 session course using the book 'How to be an Anti-racist' by Ibram Kendi. Learn how racism works and the steps needed to actively confront and heal systemic racism in one's self and the culture. Both are interactive and include hand-outs, journaling, small group work and introspection. No specific faith is addressed, but I am

a long-time Unitarian-Universalist. This material is for anyone who feels they just don't know enough to act effectively, which is what I experienced when I first picked up these books. A trip to South Africa in 2014 was what stimulated my interest in the subject. Courses can be virtual or in-person (with social distancing and masks.) I charge \$30/person. The virtual class is limited to 36 and the in-person to 20 to allow for maximum participation.

Contact vsullivanjinny3@gmail.com or (704) 953-1921



Levine Museum of the New South (LMNS) is currently closed due to COVID. A history museum that focuses on connecting the past to the present to realize the promises of a New South – a place of equity, opportunity and justice for all. Last fall, we opened **Brooklyn:**

Once a City within a City as an on-site exhibit that told the story of the rise and demise of the largest African American community in the Carolinas. There are more stories to share and more important conversations to inspire by the stories of Charlotte's past. It is more important than ever to understand our history and Levine Museum of the New South is committed to bringing history to life making it easier to navigate and consume. Visit

www.facebook.com/LevineMuseum

Contact Kama Pierce at (704) 333-1887 or www.museumofthenewsouth.org



MeckMIN Trainings: Led by Executive Director Rev. LeDayne McLeese Polaski, a Christian pastor with extensive experience in Conflict Transformation as well as Trauma Awareness and Resilience. Training can be adapted to a variety of settings, both faith-based and secular. **Social Change: Creating Movements that Create Change** and **Activism 101: What's My Role in Creating Change?** are two brief trainings (90-120 minutes each) aimed at people very new to these conversations. They've been particularly well-received by students. \$250 each, \$150 each for current

MeckMIN member congregations, or \$400 for both, \$300 for current MeckMIN member congregations. **Racism: Trauma and Resilience** is a short introduction to using a trauma model to understand and address race and racism in the US. Appropriate for beginner to middle-level trainees, it is generally most helpful to non-black trainees. \$500 (\$350 for current MeckMIN members.)



In Do Not Be Afraid: Changing the Narrative in the Midst of Racial Conflict, led alongside Rev. Kadia Edwards, we delve more deeply into the impact of race and racism in the US over at least 9 contact hours \$2,500 Contact LeDayne directly (704) 965 9241 or for more information visit

www.meckmin.org/meckmin-anti-racism-trainings-led-by-rev-ledayne-mcleese-polaski

RISE!

Race: an In-depth Spiritual Examination, [RISE!](#) equips and supports spiritual leaders, faith-based organizations, and religious

institutions to recognize, confront, and challenge racism and cultivate an equitable future. Our services include a two-day workshop which teaches participants to analyze and understand the legacy of race and racism within the United States. The curriculum consists of core concepts from national anti-racism organizing models. Through activities and reflection, our multi-racial facilitation team will provide participant groups with useful tools to unearth racism as it is embedded within communities of faith. Emphasis is given towards infusing race consciousness in religious education, worship, and community service. Our goals are to help participants face the present-day reality of racism and to increase their capacity for change. Our style is interactive and includes presentation, discussion, and audio-visuals for multiple learning styles. For Christian communities, we examine race theologically through Biblical exegesis and the history of Christianity within the United States. For Interfaith groups, we examine race by focusing on a variety of religious perspectives, sacred texts, and spiritual practices. For a free consultation and learn more about our services and fees, contact Anne at RISE@LittleTreeNC.org or (704) 517 9274



Restorative Justice CLT: Charlotte is growing fast, but it also faces an upward mobility crisis rooted in a long history of discrimination and injustice, tracing from slavery, to Jim Crow, to urban renewal, to gentrification. The transformative process of restorative justice will allow this community to grow from its past to a brighter future. [Restorative Justice CLT](#) seeks to enact transparent, accountable, and sustainable projects to redress the history of discriminatory practices and policies in Charlotte-Mecklenburg. We strongly believe in the healing and restoration that must occur to redress the legacy of injustice done to Black Charlotteans. Contact restorativejusticeclt@gmail.com (704)688.2775



Ruth King: Founder of the [Mindful of Race Institute, LLC](#). Helping leaders become more mindful of racism, its impact, and our potential. I work with a broad range of teams and organizations providing racial awareness training that aligns diversity, equity and inclusion aspirations with an understanding of leadership power and accountability. I believe racism is a heart disease and is curable. I wrote a book about how to diagnose, intervene, and heal this disease. I've been doing this work for over 30 years. My work is distinct in that it uses mindfulness principles to critique racial habits of harm and support cultural harmony. My work does not explicitly address faith although it is informed by Buddhist principles – practical practices that relieve mental suffering and foster wise action. I make my living doing this work. My fees are situational and require a conversation. You can find out more about my work at www.RuthKing.net. My cell is (510) 333-9255 although the quickest way to reach me is via my assistant, Kathy Cheney at kathyc@ruthking.net



Dr. Tom Hanchett is a community historian who writes and speaks about many aspects of Charlotte history, including racial, ethnic and economic geography. He wrote the book *Sorting Out the New South City*, a history of how Charlotte has grown — and how it has become segregated both economically and racially. He gives frequent talks about the book, about food and immigration, and about neighborhood histories. Check out his website, www.HistorySouth.org, which includes over a decade of monthly

Charlotte Observer columns about our city's changing food traditions.

Contact at Tom@HistorySouth.org



True Lobster Charlotte: Over the past two years, [True Lobster Charlotte](http://TrueLobsterCharlotte) has developed a 90-minute audio performance piece called I. Daughter-Monster. This experience uses a dream-world of magic and fables to examine the psychological motivations for white indoctrination and complacency in violent racist systems. To supplement this release and maintain a sense of community connection while live performance is not possible, we are offering reflective workshops for interested

community organizations. Similar to a book club, we will use the performance to ground a frank discussion about how power, privilege, and racism become embedded in the minds of white people. This offering would be ideal for small groups and organizations of any faith tradition looking to expand their understanding of the ways that power and privilege function. www.facebook.com/TrueLobsterCharlotte Price: \$20 per person (with donation-based audio download) Connect at truelobstercharlotte@gmail.com



DID WE MISS SOMEONE? If you know a local person or group whose work you can strongly recommend, please put them in touch with us so that we can make this document richer, fuller and more complete!

And if you are looking for other types of resources:

[Scaffolded Anti-Racist Resources](#): This highly recommended compilation highlights excellent resources including books, articles, podcasts, videos and more to aid in your anti-racism journey. If you are looking for additional information, this is the best resource we've seen. [Scaffolded Anti-Racist Resources](#) is interfaith, addresses people at all stages of the journey, and suggests resources for teachers, parents and children. It is a

working document, so if you have other recommended resources, we urge you to add them and to make this list even better.